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Presentation by Elizabeth R. Lenz on October 7 **“It’s Not Your Grandmother’s Nursing”**

Nursing, the nation’s largest and most trusted health profession, has undergone incredible change in recent decades. During her long career in academic nursing and research, Elizabeth Lenz helped to shape that change. In her Torch paper on October 7, she will discuss the expanded responsibilities of nurses today.

“Current levels of knowledge, responsibility, and sophistication were unimaginable when today’s grandmothers entered the profession,” Betty explains. “Nurses often were employed in people’s homes or hired to provide ‘private duty’ care at the bedside, because much of in-hospital nursing was delivered by students undergoing apprenticeship-type training. Nurses’ responsibilities were relatively limited, resembling roles that today tend to be carried out by nursing assistants and even housekeepers.”

Betty’s Torch paper will highlight important changes in the profession including the demographics and expanded responsibilities of today’s registered nurses. She will describe the levels and patterns of nursing practice, including rapidly evolving advanced practice roles such as nurse practitioner. There are a variety of educational path to attain these practice levels. Research has shown that the educational composition of hospitals’ nursing staffs is related to the quality of patient outcomes.

“A description of today’s nursing would be incomplete without a look at some of the innovative research that nurses are conducting,” Betty says. “Focused primarily on understanding patients’ responses to health and illness and on the best ways to deliver whole-person care, nursing science provides essential evidence for guiding sound practice.”

The Torch Club meeting on October 7 will be in-person at The Ohio State University Faculty Club. See the story on page 3 of this newsletter for information on the health protocols that will be followed.



Betty Lenz

Biography of Elizabeth Lenz

Elizabeth Lenz is Professor Emeritus and Academy Professor at The Ohio State University where she served as dean of the College of Nursing from 2001 to 2011. She also was professor of nursing from 2001 until her retirement in 2013.

Betty earned her bachelor of science in nursing degree from DePauw University, a master's degree in public health nursing from Boston College, and a Ph.D. in sociology from the University of Delaware. Prior to joining Ohio State's faculty, Betty was associate dean for research and doctoral studies at Columbia University, associate dean for graduate studies and research at the University of Maryland Baltimore, professor at The Pennsylvania State University, and instructor at Georgetown University.

She was the founding director of the Ph.D. program in nursing at the University of Maryland School of Nursing and directed the Doctor of Nursing Science program at Columbia University. She was director of the Center for Nursing Research at Penn State's Milton S. Hershey Medical Center.

She received international recognition for her work on the Theory of Unpleasant Symptoms, a holistic middle-range theory that recognizes symptoms as multi-dimensional. She wrote an award-winning text, *Measurement in Nursing and Health Research*, now in its fifth edition. Her research has spanned the life cycle from postpartum women and their infants to persons who have undergone coronary artery bypass graft surgery. The emphasis of her research has been on the recovery trajectory following hospitalization and the impact of major life events and illness on the family. She also directed a frequently-cited experimental study comparing clinical outcomes of patients randomly assigned to an ambulatory nurse practitioner practice in Manhattan with those assigned to a physician practice.

Betty has been a Torch Club member since 2014. Her husband, David Lenz, also is a Torch member.

President's message: Looking forward to seeing you

It will be wonderful to actually SEE you October 7 at the OSU Faculty Club!

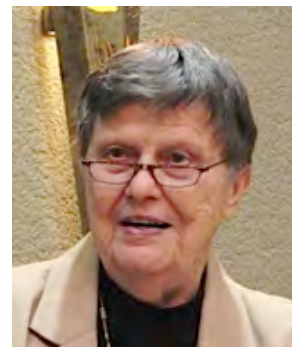
We greatly appreciate the wisdom and care of the 2020 Torch Board to keep us engaged and informed during the pandemic! Thanks, Susan Smith!

The program for 2021-2022 is filling out and the proposed presentations sound interesting and timely. During the last year and a half we have learned about the special pressures on nurses and all the agencies in our web of health care. Betty Lenz is the perfect starter to our new season.

Rest assured that we will be following the Campus Guidelines and best practices for our meetings.

Information about Columbus Torch Club available on website

You can obtain information anytime about upcoming Torch Club meetings on the club's website, which has been operational since last spring. Rai Goerler is the editor of the website. Here is a link to the website <http://www.columbustorch.org>.



Nancy Wardwell

Renew your Torch membership for 2021-22

Dues for membership in the Torch Club of Columbus are \$240 for the 2021-22 program year. Dues for a two-person family are \$430. In recent years, the annual dues have been \$300, but the club's board decided to reduce the dues for 2021-22 because dinner meetings in April and May 2020 were canceled as a result of the COVID-19 pandemic.

Make your check payable to the Torch Club of Columbus, and mail your check to Howard Gauthier, Treasurer, 2751 Alliston Court, Columbus, OH 43220. Or you may bring your check to the first Torch Club meeting on October 7.

Club's in-person meetings will be subject to health guidelines

At its meeting on August 5, the Torch Club's Board of Directors agreed to return to in-person monthly membership meetings on October 7 subject to the health guidelines set forth by The Ohio State University and state and local health authorities. In a letter to members on September 24, Club President Nancy Wardwell explained the current health protocols for the Torch meetings in the Faculty Club:

"As of August, all visitors to OSU campuses are required to wear masks indoors, regardless of their vaccination status. Masks continue to be required for all unvaccinated individuals when they cannot maintain social distancing. Vaccinated people are not required to mask outdoors. All spaces will be cleaned and disinfected nightly."

Rich Davis and Tom Costantiello receive Torch awards for 2020-21

The International Association of Torch Clubs earlier this year presented Rich Davis with its Gold Torch Award for outstanding service to IATC and Tom Costantiello with its Silver Torch Award for outstanding service to a local club.

Rich has been a member of the Columbus Torch Club since 2011 and was president of the club in 2017-18.

Rich became the first chairman of the IATC Convention Committee, created a convention manual, found sites for conventions and supported local clubs' convention plans. He also has assumed the position of IATC treasurer and has personally connected with local clubs to collect yearly dues. In citing Rich's contributions to Torch, the IATC noted he "has generously brought his many professional skills to the Torch club, and we have been richer because of his talents."

Tom has been a member of the Columbus Torch Club since 2009 and was president of the club in 2018-19. In presenting the award to Tom, IATC cited his many years of service to the Columbus club, including his presentation of Torch papers, creative ideas to increase fellowship, support for access to Zoom during the COVID-19 pandemic, and leadership as club president.



Rich Davis



Tom Costantiello

Responding to the Evite from Secretary Seelbach

Club secretary Thom Seelbach has sent you via electronic mail an Evite to attend the Torch Club meeting on October 7. Respond promptly to the Evite so he will have an accurate count of meals needed. You also may respond to him at tseelbach@gmail.com or (614) 457-5103.

The directions for responding to the Evite are:

1. After you click on the email from Evite, it will bring up a new window on the Evite website. You must click your response in this new window for Evite to register your response.
2. The guest count is the actual number of attendees. If only you are attending, the count will be 1. The cost for a guest to attend the meeting and dinner is \$30. A potential member may attend one meeting without charge.

Schedule of Torch Club speakers and their papers for 2021-22

October 7, 2021: **“It’s Not Your Grandmother’s Nursing”** by Elizabeth Lenz

November 4, 2021: **“The Harlan Brothers in Black and White: Justice John Marshall Harland, U.S. Supreme Court and Rep. Robert James Harland, Ohio House of Representatives”** by Violet Meek

December 2, 2021: **Holiday gala**

January 6, 2022: **“How Women and Men Differ in Their Work”** by Francille Firebaugh

February 3, 2022: Torch paper to be announced soon.

March 3, 2022: **“Considering Racism”** by Michael Wilkos

April 7, 2022: **“Talkin’ Trash: From Waste to Resources”** by Susan Tilgner

May 5, 2022: **“Celebrating Sparky – Charles Schultz and Peanuts”** by Lucy Caswell

Torch Club’s monthly meeting agenda

4:30-5:30 p.m. Board of Directors meeting
5:30-6:15 p.m. Cocktails and conversation
6:15-6:35 p.m. Business matters
6:35-7:30 p.m. Speaker
7:30-8:45 p.m. Dinner and table discussion

Meetings are conducted in The Ohio State University Faculty Club, 181 S. Oval Drive; (614) 292-2262.

Board of Directors for Torch Club of Columbus, Ohio, for 2021-22

President – Nancy S. Wardwell

President-elect – Susan Tilgner

Immediate Past President – Susan W. Smith

Secretary – Thom Seelbach

Assistant Secretary – Diane Selby

Treasurer – Howard Gauthier

Assistant Treasurer – David Lenz

Fellowship Chair – Diane Selby

Membership Chair – Dorothy Driskell

Nominating Chair – Susan W. Smith

Newsletter Editor – Steve Sterrett

Website Editor – Rai Goerler

Director-at-Large – Christina Atzberger (2022)

Director-at-Large – Rai Goerler (2022)

Director-at-Large – Paul Niswander (2023)

Director-at-Large – Dorothy Driskell (2023)

IATC Region 5 Director – Elizabeth Short